

SPIRITUAL COMMUNION PRAYER

My Jesus,
I believe that you
are present in the most holy Eucharist.
I love you above all things,
and I desire to receive you into my soul.
Since I cannot at this moment
receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.